

Ask Powerful Questions Summary

Ask Powerful Questions to partner with another person to build trust, seek to understand, and build a strong relationship.

Guidelines

- Examine your attachment to your 'right' answer. Challenge yourself by asking this question, "Is there only one way to address this situation, or are there many?"
- Stay curious and explore the current situation and potential options for moving forward together.
- Use open ended questions that begin with What, How, and Tell me More.
- Avoid WHY questions so you do not put the other person on the defensive.
- Resist the urge to shift into Telling. Stay curious and seek the other person's perspectives.