

COACH™ Process Overview TandemTool™

Share this tool with a team member to explain the leadership coaching style, your roles, and how you will partner to use it.

Your Role: build self-awareness of your strengths and growth opportunities, brainstorm ideas for future actions, and hold yourself accountable to take action, learn, and make change.

Your Supervisor's Role: actively listen, use powerful questions & messages to help you gain self-insight & confidence, help identify potential ideas for future action, and help you hold yourself accountable to take action and make change.

When to Use the COACH™ Process with your Supervisor:



- Achieve a professional goal or aspiration.
- Try new possibilities, continually grow and reach new levels of performance.
- Improve performance to meet expectations and standards of practice.
- Learn from an in-the-moment situation to reinforce or adjust performance/behaviors for future effectiveness.

Let the COACH Process Guide Your Coaching Conversations

Phase	Supervisor (Coach)	You (Coachee)
Connect	Identify the outcome or objective for the conversation.	Clarify the objective for the conversation if needed so you know what is expected.
Observe	 Understand the person's story, perspective, and feelings about the situation. Share your observations and data. 	Share your perspectives on the situation so you have a shared understanding of what you have done and actions you are considering.
Alternatives	 Explore possible options from which to choose the action(s) that will help the person make progress against the goal. 	 Identify options for how to address the situation. Take accountability to identify options instead of solely relying on your supervisor to tell you what to do.
Clarify	 Check in with the person for self-insights and discovery. 	State what you have learned from the conversation so that your insights guide your actions toward your goal.
Hold Accountable with Action	 Assist the person to identify the actions, time frame and resources needed to make progress against the outcome for the discussion. 	 Hold yourself accountable to take action and make progress towards goals. Identify who will be on your accountability team to help you achieve success.