

## Coaching Preparation

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The small group coaching session is 90 minutes long and is led by a Tandem Solutions expert coach. The session is limited to 6-8 participants to give you the opportunity to address a specific challenge related to this lesson and gain insights on how to best apply it to your unique situation.

Please prepare for the coaching session by identifying the challenge you want to address with your colleagues. The Tandem Solutions coach will facilitate the session so that each learner shares their challenge and receives coaching from others.

Identify the challenge you are most interested in addressing as it relates to one of the concepts from this lesson.

### Challenge

- What is the challenge you would like to discuss in the small group coaching session? What concept is it aligned with from the online videos and tools?
  
- What action have you taken or are considering to address this challenge?
  
- What is the question you would like the group to answer to help you with your challenge?